



## **Inventory of Local Pregnancy Help Resources for the Parish of Holy Name of Jesus Cathedral Raleigh**

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As part of the nationwide initiative to walk with moms in need, our parish is being asked to identify the local pregnancy help resources in our community that are currently available to a woman facing a difficult pregnancy. The needs of pregnant and parenting moms can be overwhelming, and the sources for help may not be apparent to those most needing support.

This inventory tool helps parish leaders identify local resources for pregnancy assistance such as pregnancy help centers, maternity homes, social service agencies, hospitals, and especially Catholic programs and resources. Detailed instructions for [completing the inventory](#) are available online. (A [Parish Action Guide](#) is also available to help guide parishes through the *Year of Service*.)

Our parish efforts to document and share local resources can make all the difference in the world for a pregnant woman and her child.

**Note:**

*Please be sure to communicate with the diocesan contact person for the Year of Service before beginning this inventory. The diocesan contact can let you know of pregnancy help resources that have already been identified at the diocesan/regional level. These agencies and programs may have a local presence, and they may be helpful partners as parish leaders complete this inventory. The diocesan contact person may also be able to put you in touch with nearby parishes or offer cautions about external programs that may provide morally problematic services.*

**Parish Name:** Holy Name of Jesus Cathedral

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**Parish Address:** 715 Nazareth Street, Raleigh NC 27606

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Mail: 219 W Edenton Street, Raleigh, NC 27603

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**Pastor Name:** Rev. Monsignor David D. Brockman, V.G, Pastor

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**Name of parish contact person completing inventory:** Christine Z. Dennis

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**Contact person's role in the Parish:** Coordinator, Beginning and End of Life Ministry

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**Contact person's phone:** (919) 609-6334

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**Contact person's email:** respectlife@hnojnc.org

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**Additional team members assisting with the inventory:**

Susan Griffin, Diane Faxlinger, Beth Sisk, Christine M Dennis, Taryn DeLong, Colleen Remein, Christine Z. Dennis

| Pregnancy Help-Related Resources  | Yes/No | Resource Name & Address  | Resource Website   | Contact Person Name & Contact Info  | List of Services Provided  | Comments   |
|---|--------|--|--|---|--|--|
| Pregnancy Help Centers, providing pregnancy testing, direct help and/or referrals | Yes    | <p><b>BirthChoice</b><br/>2304 Wesvill Ct #340,<br/>Raleigh, NC 27607</p> <p><b>Lifecare</b>, Fayetteville</p> <p><b>Lifelink Carolina</b></p> <p><b>Pregnancy Support Services</b><br/><br/>1777 N. Fordham Blvd., Suite 203,<br/>Chapel Hill, NC 27514</p> | <p><a href="http://www.birthchoicewake.org">www.birthchoicewake.org</a><br/>(and supportbirthchoice.org)</p> <p><a href="http://www.pregnancysupportservices.org">www.pregnancysupportservices.org</a></p> | <p>Mona Sauls, Exec. Director<br/><a href="mailto:mona@birthchoicewake.org">mona@birthchoicewake.org</a></p> <p>Janelle Buchanan, Marketing and Communications<br/><a href="mailto:JhBuchanan0327@gmail.com">JhBuchanan0327@gmail.com</a><br/>214-497-0756</p> <p>Office:<br/>919-781-5433(8am-10pm)</p> <p>Bobbie Mayer Head</p> <p><a href="http://www.lifelinkcarolina.org">www.lifelinkcarolina.org</a></p> <p>Cindy Kouhout, Exec. Director<br/><a href="mailto:cindy@pregnancysupportservices.org">cindy@pregnancysupportservices.org</a></p> <p>Heather Gatti, Client Services<br/><a href="mailto:heather@pregnancysupportservices.org">heather@pregnancysupportservices.org</a></p> <p>Office:</p> | <p>Limited Ultrasounds,<br/>Free Pregnancy Tests,<br/>Counseling</p> <p>Pregnancy tests Only</p> <p>Member organization for pregnancy resource centers, adoption agencies &amp; maternity homes in NC</p> <p>Pregnancy tests<br/>Ultrasounds<br/>Education (parenting, adoption, abortion...)<br/>Clothes closet<br/>Referrals for community service</p> | <p><i>Does not offer or refer for abortions, Catholic Theology, no birth control offered.</i></p> <p><i>Abortion clinic located nearby on Drake Circle is site of 40 days for life prayer vigils and sidewalk counseling</i></p> <p><i>Website states “does NOT offer or refer for abortions.”</i></p> <p><i>No age limits<br/>No restrictions</i></p> |

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|  |  | <p>2031 W. Club Blvd., Durham, NC 27705</p> <p><b>iChoose Pregnancy Support Services</b></p> <p>540 Highway 42 West, Clayton, NC 27520</p> <p>4019 Village Park Drive, Knightdale, NC 27545</p> <p><b>Gateway Women's Care</b></p> <p>1306 Hillsborough St., Raleigh, NC 27605</p> <p>4113 Capitol St., Suite B, Durham, NC 27704</p> <p>104 S. Estes Drive, Chapel Hill, NC</p> | <p><a href="http://www.ichoose.me">www.ichoose.me</a> (clients)</p> <p><a href="http://www.ichoosepartners.com">www.ichoosepartners.com</a> (public)</p> <p><a href="http://www.gatewaywomens.care">www.gatewaywomens.care</a></p> | <p>919-490-0203<br/><i>Durham location will open July/August, 2021</i></p> <p>Vicky Currie, Exec. Director</p> <p>Mandy Shawver, Client Services</p> <p>Office:<br/>919-585-4353<br/>24/7 hotline: 800-712-4357</p> <p>Office:<br/>919-679-3232</p> <p>Wendy Bonano, Exec. Director<br/>wendy@gatewaywomens.care</p> <p>Sarah Marshall, Client Services Director</p> <p>Office:<br/>919-873-2440 (administrative offices)<br/>919-833-0096</p> <p>Office:<br/>919-251-9444</p> | <p><i>Looking into offering transportation services (e.g. Uber) for both sites</i></p> <p>Pregnancy tests<br/>Ultrasounds<br/>STD testing<br/>Support (classes, resources)<br/>Post abortion counseling<br/>Clothes closet</p> <p>Pregnancy tests<br/>Ultrasounds<br/>STD testing<br/>Options counseling (women &amp; men)</p> <p><i>Childbirth/Breastfeeding/ Newborn Care Education: Video classes (6-9 sessions each) available at your convenience.</i></p> <p><i>Infant Care Classes: 3-hour, in-person instruction with an RN. Topics include soothing,</i></p> | <p><i>Website states "does NOT perform or refer for abortions."</i></p> <p><i>No age limits<br/>No restrictions</i></p> <p><i>Making efforts to include the father in their services</i></p> <p><i>No referrals for abortion</i></p> <p><i>Focus on college campuses in Raleigh/Durham</i></p> <p><i>Gateway is non-denominational employees include Catholic and Evangelical. We met with the leadership team and they are very much aligned with our values.</i></p> |
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|   |  | <p><b>Your Choice Pregnancy Clinic</b></p> <p>607 N. Ennis Street,<br/>Fuquay-Varina, NC<br/>27526</p> <p>1701 Jones Franklin Rd., Raleigh, NC 27606</p> <p>4760 Yadkin Rd., Fayetteville, NC</p> <p><b>First Choice Pregnancy Solutions</b></p> <p>4237 Louisburg Rd<br/>STE 105, Raleigh, NC<br/>27604<br/>Phone: (919) 554-8093<br/>Hours: Opens 10AM</p> | <p><a href="http://www.handofhope.net">www.handofhope.net</a></p> | <p>Chapel Hill location will open July, 2021</p> <p>Tonya Baker Nelson, Founder &amp; Exec. Director</p> <p>Office:<br/>919-577-9050</p> <p>Office:<br/>919-758-8444</p> <p>Office:<br/>910-491-6812</p> | <p><i>swaddling, bathing &amp; more.</i></p> <p><b>Fatherhood Education/Support</b></p> <p><i>No age limits<br/>No restrictions</i></p> <p>Pregnancy tests<br/>Ultrasounds<br/>STD testing<br/>Lifeskills education<br/>Support groups<br/>Referrals (adoption, Counseling<br/>Post abortion support<br/>Community referrals</p> | <p><i>No referrals for abortion</i></p> <p><i>No age limits<br/>No restrictions</i></p> <p><i>Client support for 2 yrs. after birth (education, resources...)</i></p> |
| Mobile Ultrasound Unit  |  | None found   |   |  |  |   |
| Private Medical Practices offering Prenatal, Ob-Gyn, Birthing and/or Post-Partum Care |  |  |   | <p>Neonatal-Perinatal Medicine<br/>Martin J. McCaffrey, MD<br/>UNC Hospitals<br/>101 Manning Drive<br/>Chapel Hill NC 27514<br/>984-974-1000</p> <p>Duplin Ob/Gyn</p>                                    |  | <p><b>We are interested in learning whether or not these providers perform elective abortion</b></p>  |

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|  |  |  | <p>Joseph L. Cooper, MD<br/> 4237 Louisburg Rd. ste 107<br/> Raleigh, NC 27604<br/> Note: pro-life, does prescribe birth control, does not deliver, can take last minute referrals and</p> <p>Reply OB/GYN &amp; Fertility<br/> 7535 Carpenter Fire Station Road, Suite 105<br/> Cary, NC 27519<br/> (919)-230-2100<br/> Note: don't prescribe birth control</p> <p>St Joseph Primary Care<br/> ThuHuong Trinh, MD<br/> 4400 Falls of Neuse Rd. Suite 101<br/> Raleigh, NC 27609<br/> (919)-386-6866<br/> 2<sup>ND</sup> Location at St. Ann's in Clayton</p> <p>Internal Medicine<br/> James Womble, MD<br/> 224 High House Road, Suite 100<br/> Cary, NC USA 27513<br/> (919)-380-7531</p> <p>Fertility Care:<br/> Nearest NaPro (Natureal Preocreative Technology) Doctors are in WinstonSalem.<br/> Alexis Simon, MD<br/> Jeffrey Williams, DO<br/> Both at Novant Health Triad OB/GYN</p> |  | <p>procedures<br/> (D&amp;C)</p> |
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| Catholic Hospitals and Clinics            |  | None Found  |  |  |   |   |
| Community Hospitals and Health Centers    |  | Wake Med Raleigh<br><br>UNC Rex Women's Center<br>Raleigh<br><br>Duke Health<br>Raleigh<br><br>UNC Hospitals<br>Chapel Hill |  |  |   |   |
| Birthing Centers                          |  | <b>New Creation Counseling and Birth Services</b>   | <a href="https://www.newcreationraleigh.com/">https://www.newcreationraleigh.com/</a><br><a href="https://www.newcreationraleigh.com/counseling-services">https://www.newcreationraleigh.com/counseling-services</a> | Susanna Elliot MA, CCTP, CCTSS                                   | Doula services and marriage counseling - Pro life; respects and, as able, teaches NFP   |   |
| Maternity Homes (short/long term housing) |  | <b>Room at the Inn</b><br><br>734 Park Avenue,<br>Greensboro, NC 27415  | <a href="http://www.roomininn.org">www.roomininn.org</a>   | Marianne Donadio, Marketing Director<br><br>Office: 336-996-3788 | **Serving ALL of NC Maternity home for homeless pregnant women 18 yrs.+ (& their children) in NC: offering food, shelter, clothing, case management, daycare, transportation, lifeskills, counseling, afterbirth care | <i>Website states "a Catholic agency...welcomes all people of faith."</i><br><br><i>Wait list based on "dire need" vs. time. Prefer admitting early in pregnancy.</i> |

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| <p>**All maternity homes are part of the Carolina maternity home association; they send referrals to each other All licensed through Dept of HHS Accredited through COA - outcomes-based</p> |  | <p><b>Christian Life Home</b><br/>P.O. Box 31705,<br/>Raleigh, NC 27622</p> <p><b>Falcon Maternity Home ‘ Royal Home Ministry’</b> New facility 2015.</p> | <p><a href="http://www.christianlifehome.org">www.christianlifehome.org</a></p> | <p>Director: Missy Schoning<br/>Office:<br/>919-510-5400</p> <p>Corella, Director<br/>**offered to give a lecture for us</p> <p>Pro-life values!</p> <p>Maternity home up to 6, mothers and babies 8 pairs</p> <p>Take mothers in Foster Care system and other</p> <p>80 children 6 days to 19yo</p> <p>Sacred Heart in Fayetteville supports Falcon home some</p> | <p>Maternity home for pregnant women 10-23 yrs., discharge after birth, no children<br/>Prenatal care<br/>Education (parenting, adoption)<br/>counseling (women, men, parents)</p> <p>6 beds</p> <p>“homes have open beds now with fewer referrals being made during covid time” “Demand is not there for homes like ours”</p> <p>“There is a need for mental health services, and maternity after care programs.”.</p> <p>Affordable housing is needed - 2 weeks after baby is born, nowhere to go; No funding available after one year.<br/>Recommend: support your local maternity home<br/>Needs: parenting education need. building up parental resilience, meet basic needs,<br/>Partnership for children services. HUD housing lists - daycare vouchers -</p> | <p><b>Evangelical**</b></p> <p><i>Website states (under Values): “Bible is our sole authority for faith &amp; practice.” All clients receive a Bible. (Would not refer as first option due to Evangelical practices)</i></p> <p><i>Falcon - 800 teen mothers in their county alone 15 calls in last 3 months women seeking placement, outside of service age group &gt;20s , or with Mental health issues ‘cannot serve according to our license. ‘</i></p> <p><i>Partners with wrap around services in the community. Families are more supportive of pregnancy now and don’t ‘send them away’</i></p> <p><i>“my wish” : financial support so we can continue to receive private</i></p> |
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|                 |  | <p><b>Florence Crittendon</b> in Charlotte - takes teen moms in the foster care system<br/>New facility</p> <p>704-372-4663<br/>3350 Holabird lane , Charlotte</p> |  | <p><a href="https://www.fcsnc.org/about-florence-crittenton/">https://www.fcsnc.org/about-florence-crittenton/</a></p> | <p>waiting lists are so long, car seat programs, funding cuts</p> <p>from website:<br/>“The mission of Crittenton is to provide healing, hope and empowerment by providing comprehensive health, counseling, and education services for single pregnant and non-pregnant adolescents and women, mothers and their babies in the foster care system.”</p> | <p><i>placements, we want to be able to serve them after the baby is born too; commodities such as TP, cleaning supplies, groceries Baby supplies.</i></p> |
| Other Resources |  |  |  |  |  |  |

| General Help-Related Resources | Yes/No | Resource Name & Address | Resource Website | Contact Person Name & Contact Info | List of Services Provided | Comments |
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| <p>Catholic Charities or Other Diocesan Social Service Agencies<br/>(Catholic Parish Outreach is under Catholic Charities)</p> | <p>yes</p> | <p><b>Administrative Office:</b> 7200 Stonehenge Drive, Raleigh 27613</p> <p><b>Raleigh Office:</b> 3000 Highwoods Blvd. Suite 128 Raleigh, NC 27604</p> <p>919-790-8533</p> <p>919-790-8836 (Fax)</p> <p><b>Married Life and NFP Family Life Office</b><br/>Rebekah Tolson [CMM, SHM, STM] Coordinator<br/>7200 Stonehenge Drive<br/>Raleigh, NC 27613<br/>(919) 821-9753<br/>(866) 955-8457 FAX<br/>Email: <a href="mailto:Rebekah.Tolson@raldioc.org">Rebekah.Tolson@raldioc.org</a><br/>Website: <a href="https://dioceseofraleigh.org/marriage-and-family-life/how-learn-about-nfpfertility-awareness">https://dioceseofraleigh.org/marriage-and-family-life/how-learn-about-nfpfertility-awareness</a></p> <p>Roberto Cortes<br/>Married Life Ministry, Bilingual</p> | <p><a href="https://www.catholiccharitiesraleigh.org/">https://www.catholiccharitiesraleigh.org/</a><br/>(click on Locations for map of all services in Eastern NC..each location will list the services they provide)</p> | <p>Executive Director:<br/><a href="mailto:Lisa.Perkins@ccharitiesdor.org">Lisa.Perkins@ccharitiesdor.org</a> 919-790-8533</p> <p>Support Circle Program Director: Sharon Mitchell<br/><a href="mailto:Sharon.mitchell@ccharitiesdor.org">Sharon.mitchell@ccharitiesdor.org</a><br/>919-790-8533 ex 2530<br/>Case Manager: Alisa ex 2520<br/>Catholic Parish Outreach Director:<br/>Susan Borghoff<br/><a href="mailto:socialconcern@hnojnc.org">socialconcern@hnojnc.org</a><br/>Volunteer Coordinator for CPO:<br/>Kathy Barnard<br/><a href="mailto:cpovol.coordinator@raldioc.org">cpovol.coordinator@raldioc.org</a><br/>919-847-1466</p> <p>Barkley Sample is the Staff Member for our deanery</p> | <ol style="list-style-type: none"> <li>1. Counseling EXT 2550</li> <li>2. Catholic Parish Outreach referral to Food Pantry Hours - Mon/Wed/Fri 10AM-1PM EXT 2550</li> <li>3. Support Circle Program EXT 2530</li> </ol> | <p>Catholic Charities of the Diocese of Raleigh - Providing Help, Creating Hope</p> <p>Counseling Services(sliding scale), ESL, GED classes, Resume help, Childcare, Rental Assistance</p> |
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|   |  | (Address as above)<br>(919) 821-9735<br>Email:<br>roberto.cortes@raldioc.org<br><br><b>Catholic Charities of Durham</b><br>2020 Chapel Hill Rd., Suite 30<br>Durham, NC 27707<br>919-286-1964<br>919-286-4001 (Fax)<br>Hours<br>Food Distribution:<br>Wednesday:<br>10:00am – 1:00pm<br>Wednesday: 5:00pm – 7:00pm<br>Thursday: 10:00am – 1:00pm<br>Case Management & other services: By appointment |  |   |                                 |
|   |  | Catholic Charities (see above)   |  | <a href="https://www.catholictherapists.com">https://www.catholictherapists.com</a><br>Search by location |                                 |
| Local Food Pantry or Food Assistance Programs |  | Catholic Parish Outreach<br>Oak City Cares   |  |   | CPO-diapers, formula, Baby food |

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|                  |  | <p>Raleigh Rescue Mission<br/>Wake Co Food Pantry</p> <p>Urban Ministries of Wake County</p> <p>Hope House meals</p> <p>Salvation army</p> <p>zina-Christian-cnter<br/>3700 Bastion Lane</p> <p>Diaper Bank of NC</p> | <p><a href="http://www.hopehousewf.org">www.hopehousewf.org</a></p> <p>Salvationarmycarolinas.org</p> <p><a href="http://www.freefood.org/c/nc-raleigh">www.freefood.org/c/nc-raleigh</a></p> <p>www.freefood.org/l/zina-Christian-center</p> |   | <p>Oak City Cares - weekend meals served by HNOJ parish<br/>Oak City Cares also distributes diapers for the Diaper Bank of NC</p> <p>Urb Min -grocery store model</p> <p>HH - meals served</p> <p>SA -provides food pantry assistance</p> |                                |
| Housing Programs |  | <p>CASA 624 W Jones Street</p> <p>Families Together<br/>908 Plainview Drive<br/>Raleigh, NC 27620</p> <p>Oak City Cares<br/>HouseWake! Access Hub (wake county partnership to End and Prevent Homelessness)</p>       | <p>casanc.org</p> <p>famieliestogethernc.org</p> <p>oakcitycares.org</p>  | <p>Mary Jean Seyda, CEO<br/>Evelyn Worthy, Director<br/>919-754-9960</p> <p>Lisa Rowe, CEO<br/>919-212-1123</p> <p>Kathy Johnson, ExDir<br/>(984)344-9599</p> | <p>Affordable Housing with low barrier to entry requirements; long waiting time</p> <p>Goal of keeping parents together with their children</p> <p>Their intake process can connect at risk women to</p>                                  | <p>GoRaleigh Bus Route #21</p> |

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|   |  |  |  |  | coordinated services for stable housing                                     | ** Gap Affordable Housing in NC                                 |
| Membership and Service Organizations with a local presence: Knights of Columbus St. Vincent de Paul Society, Catholic Daughters of the Americas, Knights of Peter Claver, Knights of Peter Claver Ladies Auxiliary, Daughters of Isabella, National Council of Catholic Women, etc. |  |  |  | Knights of Columbus at HNOJ cathedral Ed Richardson <a href="mailto:erichardson4570@gmail.com">erichardson4570@gmail.com</a> 4301 Columbus Club Drive Raleigh NC 27604         |   |   |
| State/Local Social Services   |  |  |  |  |   |   |
| Drug/Alcohol Abuse Counseling   |  | <b>Wakebrook<br/>UNC Health Care<br/>Addiction<br/>Treatment Center<br/>at WakeBrook</b> |  | Open 24 hours (984) 974-4800 Has inpatient beds for uninsured patients. They will receive and assess patients at any time of day or night 107 Sunnybrook Rd, Raleigh, NC 27610 | Aims to provide Healing from Domestic Abuse through Education and Mentoring | Scripture based AA program held in churches throughout Triangle |
|   |  | <b>Holly Hill Hospital<br/>Mental Health<br/>Clinic</b>                                  |  | Children and Adult Psychiatric Hospital. Accepts Detox patients 3019 Falstaff Rd, Raleigh 27610 Open 24 hours (919)250-7000  |   |   |

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|                     |  | <p><b>Interact</b> for crisis domestic violence</p> <p><b>Call to Peace</b></p> <p><a href="https://www.calledtoppeace.org/">https://www.calledtoppeace.org/</a></p> <p><a href="https://www.calledtoppeace.org/resources/">https://www.calledtoppeace.org/resources/</a></p> <p><b>Celebrate Recovery</b><br/>A Christ-Centered Recovery Program</p> <p><a href="https://www.celebrate-recovery.com/">https://www.celebrate-recovery.com/</a></p> <p><b>Southlight Healthcare</b></p> <p>919-787-6131</p> |  | <p>Joy Forrest, founder</p> <p>Anthony Thomas<br/>Care &amp; Counseling Pastor at Crossroads Fellowship<br/>919-981-0222 x113<br/><a href="https://www.crossroads.org/recovery">https://www.crossroads.org › recovery</a></p> |   |  |
| Child Care Programs |  | Safe Families.org  |  |   | <p>“like foster care without putting the child in the system, for up to 2 years; national organization”</p> | <p>Help paying for child care:<br/><a href="https://www.childcare.gov/consumer-education/get-help-paying-for-child-care">https://www.childcare.gov/consumer-education/get-help-paying-for-child-care</a></p> |

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|  | <p>Safe Child</p> <p>safechild.org</p> <p>919-743-6140</p> <p><a href="https://ncchildcaresearch.dhhs.state.nc.us/">https://ncchildcaresearch.dhhs.state.nc.us/</a></p> <p>219 facilities were returned based on your criteria</p> <p>Gateway Women's Pregnancy Center (see details above)<br/>Raleigh, Durham, Chapel Hill</p> |  |  | <p>Parenting classes with goal to prevent child abuse</p> <p><b>YOUR SEARCH CRITERIA:</b></p> <ul style="list-style-type: none"> <li>• Wake County was selected</li> <li>• The selected <i>Type of Facility</i> was "Center"</li> <li>• Facility accepts child care subsidies</li> <li>• The selected <i>Age Range</i> was from 0 through 3</li> </ul> <p><b>Childbirth/Breastfeeding/Newborn Care Education:</b> Video classes (6-9 sessions each) available at your convenience. Choose your own schedule.</p> <p><b>Infant Care Classes:</b> 3-hour, in-person instruction with an RN. Topics include soothing, swaddling, bathing &amp; more. Call for class schedule.</p> |  |
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|              |  |   |  |  | <b>Fatherhood<br/>Education/Support:</b> |  |
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| Job Training |  | Community Collage<br>classes Available at<br>- Oak City Cares |  |  |  |  |



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| Adoption Agencies |  | <p>Bethany Christian Services<br/> 1110 Navaho Drive,<br/> suite 109 Raleigh<br/> 27609</p> |  | <p>919-510-9511<br/> Bethany.org</p> <p>Pregnancy counseling when considering an adoption plan. Work with the parents throughout the pregnancy, case management, counseling before and after adoption.</p> <p>Same sex parents, LGBTQ inclusive; marriage requirement and statement of faith. Faith-based organization, not tied to a denomination. A broad, Christian, pro-life mission. Break through stigma of adoption - openness of adoptions</p> <p>Janet Kazmer, Clinical Social Worker</p> | <p>Infant adoption in the US, Pregnancy support, Family Counseling, Foster Care in the US, refugees, ADOPTS (therapy)</p> <p>NEEDS: More parenting resources to help children stay with biological families; Financial insecurity, HOUSING, help or already parenting, often adoption placements mid 20, mid-30 already raising children, affordable child care, transportation; NEED temporary safe housing while pregnant. Help to apply to WIC, job skills, budgeting, applying for services, considering adoption, stipends for child care (8-9 mo wait time - must plan ahead)</p> <p>Adoptions have declined over past year with stimulus checks, longer grace periods, work from home options,</p> | <p>(Infant adoption program temporarily closed. Holding intake for new families because of lack of mothers giving children up for adoption)</p> |
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|  |  | Birthchoice  |  |              |  | Janet is at Birthchoice on Tuesdays   |
| Family and Parenting Education   |  | SafeChild.org  |  |              |  |   |
| Legal Support  |  | Accessible through Oak City Cares  |  |              |  |   |
| Other Resources<br><br>FOSTER CARE moms under 18 – need a place to stay and have their child |  | Bethany Christian<br>Sara Bukowski<br>1110 Navaho Drive,<br>suite 109 Raleigh<br>27609 |  | 919-410-4524 | Bi-lingual services<br><br>Demand? Women with unplanned pregnancy often do not have supportive partners. State maternity funds are available for case management | Foster care training and licensing required. “High liability to vet family and expectant mother “ |

| Help Available from the Parish   | Yes/No | Resource Name & Address                            | Resource Website | Contact Person Name & Contact Info | List of Services Provided | Comments |
|--|--------|--|------------------|------------------------------------|---------------------------|----------|
| Direct help already provided by our parish, such as:<br>baby showers, diaper drives, clothing drives, food pantry collections, friendship, accompaniment, etc.         |        | Door Ministry - Holy Name of Jesus, Barbara Quinby |                  |                                    |                           |          |
| Donations already provided by our Parish, such as: poor box donations, baby bottle campaigns (or other collections), pregnancy care center or agency fundraisers, etc. |        | Baby Shower in support of Birthchoice              |                  |                                    |                           |          |
| Other practical assistance provided by our parish  |        |  |                  |                                    |                           |          |

### Communicating Pregnancy Help Resources

**How does our parish currently advertise/communicate available help to pregnant mothers in need?**

| Method/How   | Yes/No | If yes, how often? |
|--|--------|--------------------|
| Bulletin or Bulletin insert  |        |                    |
| Vestibule  |        |                    |
| Bulletin board   |        |                    |
| Restroom flyers/brochures  |        |                    |
| Homilies   |        |                    |
| Announcements  |        |                    |
| Social media (Facebook, Twitter, YouTube, etc.)  |        |                    |
| Parish e-newsletters   |        |                    |
| Parish directory   |        |                    |
| Community bulletin boards (library, community centers, college campuses, coffee shops, etc.) |        |                    |
| Parish website   |        |                    |
| Parish group listservs (Bible studies, women's groups, prayer groups, etc.)                  |        |                    |
| Sacramental preparation groups (RCIA, marriage prep, etc.)                                   |        |                    |
| Informational tables at community fairs  |        |                    |
| Other  |        |                    |

RESOURCE GUIDE (JUNE 2018)

| Shelters  | Transitional Housing   | Clothing Assistance  | Food Assistance  |
|---|--|--|--|
| <p><b>Centralized Intake for Homeless Women &amp; Children</b><br/>919-861-1195<br/>Call to be directed to services that provide housing for women and children.</p> <p><b>South Wilmington Street Center</b><br/>919-857-9428<br/>1420 S. Wilmington St.<br/>Emergency shelter for men 24/7. Only for Wake County Residents. Provides long term and short term housing.</p> <p><b>The Healing Place (men)</b><br/>919-838-9800 1251 Goode St<br/>Emergency Shelter for men only, chosen on night by night basis.</p> <p><b>The Healing Place (women)</b><br/>919-838-9800<br/>3304 Glen Royal Rd<br/>Must be at women's center by 3pm to be entered in lottery for the night. Chosen are taken to shelter by car that leaves women center</p> <p><b>Raleigh Rescue Mission</b><br/>919-828-9014<br/>Emergency shelter</p> <p><b>Family Promise of Wake Co.</b><br/>919-832-6024<br/>903 Method Rd<br/>Housing for couples with or without children or single mothers. Call first. Intake is Mon-Thurs 7 am to 5pm.</p> <p><b>Wronn House</b><br/>919-832-7866 / 919-833-3312<br/>908 W. Morgan St<br/>shelter for young people (age 10-17). Call ahead to complete screening process.</p> <p><b>Interact</b><br/>919-828-7740<br/>Women &amp; children. Must call first to complete screening process.</p> <p><b>Love Wins Ministries</b><br/>919-835-2777<br/>824 N. Blocksworth St., Raleigh<br/>Day shelter, open Monday - Thursday, 9-1 and by appointment on Friday</p> | <p><b>Salvation Army Woman and Children center</b><br/>919-834-8733<br/>1863 Capital Blvd., Raleigh, NC 27604<br/>Women and children, and those escaping domestic violence. No boys over 10 yrs old.</p> <p><b>A Caring Place</b><br/>919-462-1800<br/>Transitional housing for working families with children. Must be employed and working full-time, and homeless or at risk of becoming homeless. Must call to complete intake form.</p> <p><b>PLM Families Together</b><br/>919-212-2607<br/>908-101 Planview Dr.<br/>Provides short term housing and re-housing support. For families that are residents of Wake County.</p> <p><b>Passage Home</b><br/>919-834-0666<br/>Must call Mondays between 10 am and 11 am to receive an appointment.</p> <p><b>AME Incentive Program</b><br/>919-834-3734<br/>412 Capital Blvd., Raleigh<br/>Housing for single men. It is a shared living space and capacity is 40. Some meals provided. \$60 per week. Must have referral.</p> <p><b>Helen Wright Center for Women</b><br/>919-833-1748<br/>For woman only. Must call or visit to put name on waiting list. Each guest contracts initial stay of 2 months.</p> <p><b>Lutheran Services Carolinas</b><br/>919-832-2620<br/>4020 Wake Forest Rd, Suite 301<br/>Raleigh<br/>Transitional housing for adults with severe and persistent mental illness.</p> <p><b>Oxford House</b><br/>800-689-6411<br/>Various houses in the area are available for both men and women recovering from alcohol and/or drug addiction. Must apply directly to the house of interest, average \$90-125 weekly fee.</p> <p><b>Florence Criffenton Services of NC</b><br/>704-372-4663<br/>The program provides 24-hour residential care and supervision to adolescent mothers and their infants who are in foster care and need placement together.</p> | <p><b>Brooks Avenue Church of Christ</b><br/>919-821-2400<br/>700 Brooks Avenue Raleigh<br/>Second and fourth Saturday of every month, 9:00am - Noon.<br/>No referral required. Must have ID</p> <p><b>Catholic Parish Outreach</b><br/>919-873-0245<br/>2013 N. Raleigh Blvd., Raleigh<br/>Mon - Sat 10:00am - 1:00pm.<br/>Referral required.<br/>Clothing for infants and young children 4 and under, and maternity wear. SS card or id required for all receiving assistance.</p> <p><b>Garner Area Ministries</b><br/>919-772-9100<br/>885 Hwy 70 West, Garner<br/>Garner residents only.<br/>Mon, Wed, Thurs &amp; Fri 9:00am - Noon<br/>Food and financial assistance also available.</p> <p><b>Helping Hand Mission</b><br/>919-829-8048<br/>623 Rock Quarry Rd, Raleigh, NC.<br/>Must call for appointment</p> <p><b>Salvation Army</b><br/>919-779-8867<br/>205 Tryon Rd., Raleigh<br/>Must call on Monday at 8 to schedule an apt for Friday. Must have id for person receiving clothing. SSN for each family member</p> <p><b>With Love from Jesus</b><br/>919-233-8010<br/>421 Chapanoke Rd., Raleigh<br/>Tues, Wed, Fri, and Sat<br/>10am - 12pm<br/>No Referral Required.</p> <p><b>First Baptist Church</b><br/>919-832-4485<br/>99 N. Salisbury St., Raleigh<br/>Wed 10-11:30 am, Thurs 1-2:30 pm<br/>Free Clothing, Must have ID</p> <p><b>Dorcas Ministry</b><br/>919-469-9861<br/>Open Mon - Fri 9am-3:00pm &amp; by apt. Cary and Morrisville residents only</p> <p><b>Reaping the Harvest Christian Church Clothes+Christ Ministry</b><br/>919-924-2744<br/>331 Tryon Rd, Raleigh NC 27603<br/>By Apt only<br/>Tue &amp; Fri 10:30-1:30</p> | <p><b>Catholic Parish Outreach</b><br/>919-873-0245<br/>2013 Raleigh Blvd, Raleigh<br/>Mon - Sat 10:00am - 1:00pm.<br/>Referral &amp; IDs required every visit</p> <p><b>Dorcas Ministry</b><br/>919-469-9861<br/>187 High House Rd., Cary<br/>Mon - Fri 9:00am - 3:00pm &amp; by apt. Cary &amp; Morrisville residents only</p> <p><b>Garner Area Ministries</b><br/>919-772-9100<br/>885 and 889 Hwy 70, Garner<br/>Mon-Fri 9:00am-12:00pm<br/>Garner residents only</p> <p><b>North Raleigh Ministries</b><br/>919-844-6876<br/>9650 Strickland Rd, Raleigh<br/>Mon - Thurs 10am-12:30pm, Thurs 2-3pm<br/>No referral required. Need photo, ID, SS cards, &amp; utility bill. For residents living in the following zip codes: 27604, 27599, 27612, 27613, 27615, 27618, and 27618</p> <p><b>Oak City Outreach Center</b><br/>919-812-5546<br/>215 1/2 S. Person St., Raleigh<br/>Weekend meals, 3am-6pm</p> <p><b>Salvation Army</b><br/>919-834-6733<br/>1863 Capital Blvd., Raleigh<br/>Tues/Thurs at 12:30, 1st 20 people only. ID for all family members required.<br/>No referral required. Call for appointment.</p> <p><b>Shepherd's Table Soup Kitchen</b><br/>919-831-2010<br/>121 Hillsborough St., Raleigh<br/>Mon-Fri 11:00AM - Noon<br/>Provides free hot meals.<br/>No referral required</p> <p><b>The Point Food Pantries</b><br/>919-467-9159<br/>1503 Walnut St., Cary &amp;<br/>1402 E. Williams St., Apex &amp;<br/>3730 Lake Wheeler Rd., Raleigh<br/>Every Saturday 11:00AM - Noon<br/>No referral required, must live in Wake Co.</p> <p><b>Urban Ministries Food Pantry</b><br/>919-836-1642<br/>4390 Capital Blvd, Raleigh<br/>Mon-Fri 9am - 1pm<br/>ID for all members of household required. Must be a Wake county resident.</p> <p><b>With Love from Jesus</b><br/>919-233-8010<br/>421 Chapanoke Rd., Raleigh<br/>Tues, Wed, Fri, and Sat<br/>10am - 11:30am<br/>No Referral Required</p> <p><b>Western Wake Crisis Ministry</b><br/>919-362-0657<br/>1600 Olive Chapel Rd suite 408 Apex<br/>Mon, Tue, Wed, Thu 11am - 2pm<br/>2nd &amp; 4th Thur. evenings 6:30pm - 8pm<br/>Services for residents of Friendship, Holly Springs, New Hill, and Apex. Please bring proof of current address. No referral req'd.</p> |
| <b>Thrift Stores</b>  |  |  |  |
| <p><b>Bargain Box</b><br/>919-833-7587<br/>401 Woodburn Rd., Raleigh</p> <p><b>Interact's Pass it on Too</b><br/>919-865-1601<br/>1012 Oberlin Rd., Raleigh</p> <p><b>Salvation Army</b><br/>919-779-8867<br/>205 Tryon Rd, Raleigh</p>   | <p><b>Dorcas Thrift Shop</b><br/>919-469-9861<br/>187 High House Rd., Cary</p> <p><b>The North Raleigh Ministries</b><br/>919-417-1471<br/>9650 Strickland Road, Suite 161</p> <p><b>Slightly (and slightly) Worn Thrift Shop</b><br/>919-256-4220<br/>2701 Nabin Rd, Suite 2705, Raleigh</p>  | <p><b>Goodwill Industries</b><br/>919-834-0504<br/>321 W. Hargett St., Raleigh</p> <p><b>919-782-2435</b><br/>4801 Grove Barton Rd., Raleigh</p> <p><b>919-861-8992</b><br/>4401 New Hope Rd., Raleigh</p>   | <p><b>919-833-6400 ext. 3</b><br/>618 Tucker St, Raleigh<br/>Mon Tue 1-3pm, Wed-Fri 10-noon<br/>4th Sat 10-noon. Referral Required. Must have id for all family members and last 5 digits of SSN</p> <p><b>Alliance of AIDS Services—Carolina</b><br/>919-834-2437<br/>1637 Old Lanesburg Rd, Raleigh<br/>Mon 3-7pm, Tue &amp; Wed, 12:30-4pm</p>  |

RESOURCE GUIDE (JUNE 2018)

| General Assistance  | Mental Health/Substance Abuse   | Health Assistance  | Financial Assistance   |
|---|---|--|--|
| <p><b>Wake County Human Services</b><br/>919-212-7000<br/>220 Swinburne St, Raleigh, NC<br/>Combined social services, health, and mental health agency. Provides child welfare, health, disability, mental health, substance abuse, veteran, homeless, and winter emergency assistance and employment services.</p> <p><b>United Way 211</b><br/>2-1-1 or 1-800-831-1754<br/>24-hour human service information and referrals.</p> <p><b>Careline</b><br/>1-800-662-7030<br/>8am-5pm, Monday-Friday<br/>Information and referral hotline.</p>  | <p><b>Catholic Charities</b><br/>919-790-8533 (x20 for Spanish)<br/>3000 Highlands Blvd Individual, family, marital, and group counseling for mental health needs. Fees based on a sliding scale.</p> <p><b>Cornerstone Center</b><br/>919-508-0777 Serves homeless individuals with mental illness and substance abuse issues. Provides resources in areas for crisis intervention, employment and counseling, case management</p> <p><b>Triangle Family Services</b><br/>919-821-0790 3937 Western Blvd, Family, marital, and individual therapy by licensed clinicians.<br/><b>BY APPOINTMENT ONLY</b></p> <p><b>The Healing Place</b><br/>919-838-9800 Men's center and women's center. 3-5 day non-medical detox, 7-12 month substance abuse recovery program for homeless persons. Pick-up at S. Wilmington for men and Stout/Hargett for women (no walk-up)</p> <p><b>Fellowship Health Resources, Inc.</b><br/>919-573-6520 4112 Blue Ridge Rd</p> <p><b>Wake County Human Services</b><br/>919-250-1500 Alcoholism Treatment Center</p> <p><b>Triangle Down Syndrome Network</b><br/>919-803-0516 Support, educate and connect families of children with Down syndrome</p> <p><b>South Light</b><br/>919-787-6131 Programs and services for youth and adults with addiction.</p> <p><b>New Leaf Behavioral Health</b><br/>919-781-9370 3725 National Drive, Suite 120</p> <p><b>Monarch</b><br/>919-856-4703 401 E. Whitaker Mill Rd<br/>Mental Health related services</p> <p><b>UNC STEP Community Clinic</b><br/>919-445-0350 3010 Falstaff Rd<br/>Treatment of Schizophrenia &amp; Psychotic illnesses</p> | <p><b>Open Door Clinic</b><br/>919-832-0820<br/>1590 Capital Blvd.<br/>Medical care and prescriptions for individuals without insurance and can't qualify for Medicaid. 18+ cannot be pregnant</p> <p><b>Advance Community Health</b><br/>919-833-3111<br/>Several locations. Call for directions. Offers affordable healthcare and pediatric services to uninsured<br/>Only Wake County residents</p> <p><b>Alliance Medical Ministry</b><br/>919-250-3320<br/>101 Donald Ross Dr., Raleigh<br/>Offers affordable medical care and health education. Must be employed. Bring at least 2 pay stubs.</p> <p><b>WCHS Medical Eye Care Program</b><br/>919-250-4621</p> <p><b>Public Health Center Services</b><br/>919-212-7000 (adults)<br/>919-250-4570 (pediatrics)<br/>Primary care for children and adults. Sliding scale fee for the uninsured</p> <p><b>Wake Tech Dental Hygiene</b><br/>919-747-0126<br/>some fees apply</p> <p><b>Mariam Clinic</b><br/>919-824-4672</p> <p><b>Wake County Dental Clinic</b><br/>919-250-4610<br/>Dental Care for kids 3-18 and woman who are pregnant, based on family income. Medicaid and NC Health accepted</p> <p><b>UNC Dental School</b><br/>919-537-3956 (children under 4)<br/>919-537-3737 (children 4 to 14)</p> | <p><b>First Presbyterian Church</b><br/>919-833-4070<br/>120 West Hargett St, Raleigh<br/>By appointment only<br/>Call Tuesday at 9:30am. Financial assistance is provided once a year for rent, utilities, and other needs of those employed.</p> <p><b>Wake County Human Services, Service Intake</b><br/>919-212-7000<br/>Residents of Wake County</p> <p><b>North Raleigh Ministries</b><br/>919-844-6676<br/>9650 Strickland Rd, Raleigh<br/>By appointment only<br/>Call for appointment on Mon &amp; Thur 10am<br/>Must bring photo ID, SS cards, utility bill, copy of lease, and 2 mo pay stubs. Financial assistance for residents living in the following zip codes: 27604, 27609, 27612, 27613, 27614, and 27615, 27616.</p> <p><b>Lifeline/Link-Up</b><br/>1-888-757-6500<br/>Low-income support for telephone service.</p> <p><b>Assurance Wireless</b><br/>1-888-898-4888<br/>Free cell phones for low-income clients</p> <p><b>ChurchNet</b><br/>919-569-0020<br/>Wake Forest, Youngsville, &amp; Rolesville residents only.</p> <p><b>Dorcas Ministry</b><br/>919-469-9861<br/>187 High House Rd, Cary<br/>Mon - Fri 9:00am - 3:00pm &amp; by apt<br/>Cary &amp; Morrisville residents only<br/>Apex residents need referral form</p> <p><b>Western Wake Crisis Ministry</b><br/>919-362-0657<br/>Mon - Thur: 10am - 1pm<br/>103 1/2 E. Chatham St. Apex<br/>Provides emergency financial aid for residents of APEX AND HOLLY SPRINGS ONLY</p> <p><b>Triangle Family Services</b><br/>919-821-0790 rent<br/>3937 Western Blvd., Raleigh</p> <p><b>The Women's Center</b><br/>919-829-3710 rent &amp; water<br/>112 Cox Ave., Raleigh</p> <p><b>Garner Area Ministry</b><br/>919-772-8100 rent, water and prescription medication<br/>Garner residents only</p> <p><b>Southern Wake Faith Comm</b><br/>919-567-8100 rent &amp; water<br/>Fuquay and Willow Springs Residents only</p> <p><b>Resource list compiled by Catholic Charities</b></p> |
| <p><b>Crisis Hotlines</b></p> <p><b>Alcoholics Anonymous</b><br/>919-783-6144<br/>24-hr alcohol abuse hotline. Provides info on local AA meetings</p> <p><b>Al-Anon</b><br/>919-713-1516<br/>For family members of those dealing with alcoholism</p> <p><b>Birthchoice</b><br/>919-781-5433<br/>Pregnancy help</p> <p><b>Carolina Poison Control Center</b><br/>1-800-222-1222<br/>24-hr poison help line</p> <p><b>Child Abuse Hotline</b><br/>1-800-4ACHILD</p> <p><b>Drug Helpline (U.S. DHHS)</b><br/>1-800-662-HELP<br/>24-hr treatment referral and information about mental and/or substance use disorders, prevention and recovery.</p> <p><b>Holly Hill RESPOND</b><br/>919-250-7000 or 1-800-447-1800<br/>24-hour mental health and substance abuse evaluations</p> <p><b>HopeLine</b><br/>919-231-4525<br/>24-hour local crisis and suicide prevention hotline.</p> <p><b>Interact Domestic Violence Hotline</b><br/>919-828-7740<br/>24-hour hotline for survivors and victims of domestic violence</p> <p><b>Interact Sexual Assault Hotline</b><br/>919-828-3005<br/>24-hour hotline for survivors and victims of sexual assault</p> <p><b>Lifeline</b><br/>1-800-273-TALK (8255)<br/>National suicide prevention hotline</p> <p><b>Teen Talkline</b><br/>919-231-3626<br/>3820 Merton Dr., Ste. 219, Raleigh</p> | <p><b>Transportation Assistance</b></p> <p><b>Capital Area Transit</b><br/>919-485-7433<br/>Call for bus schedules.</p> <p><b>Triangle Transit Authority</b><br/>919-549-9999</p> <p><b>Wake Coordinated Transportation Services—TRACS</b><br/>919-212-7005<br/>For the elderly (60+) and disabled. Need to provide proof of age or disability. Also provides services for people living in certain rural areas.<br/>Mon.—Sat. 6am-6pm<br/>Cost \$2—\$8<br/>Call for more information.</p> <p><b>Accessible Raleigh Transportation</b><br/>919-996-3459<br/>For persons with disabilities</p>   | <p><b>Other Resources</b></p> <p><b>Centro Para Familias Hispanas (Hispanic Family Center)</b><br/>919-873-0094<br/>2013 Raleigh Blvd, Raleigh<br/>Provides information, resources and referrals, classes, workshops, and counseling. Call for appointment.</p> <p><b>NC Works Career Center</b><br/>919-250-3770<br/>220 Swinburne St., Raleigh<br/><b>Resources for Seniors</b><br/>919-872-7933<br/>In-Home Services</p> <p><b>The Women's Center</b><br/>919-829-3711<br/>112 Cox Ave, Raleigh<br/>Resource center that addresses issues of poverty and homelessness among women</p> <p><b>Capital Area NCWorks Career Center</b><br/>919-715-0111<br/>Foot stamp recipients only</p> <p><b>Child Care Service Association</b><br/>919-403-6950<br/>Child care referrals</p>   |  |

\* Call ahead to find out if there are any changes. Check [www.cporaleigh.org/publications.html](http://www.cporaleigh.org/publications.html) for most recent version

|   |  |
|---|--|
| <b>NATIONAL Databases</b>                 |  |
| <b>Abortion Pill Reversal</b>             | <b>(855) 209-4848</b>  |
| <b>www.liveaction.org/resources</b>       | <b>Pregnancy, adoption, housing help, healing after abortion, healthcare resources, training and Educational Resources, Advocacy Training, Pro-life news sites and Blogs, pro-life movies and videos</b> |
| <b>americanpregnancy.org</b>              | <b>financial help for pregnant women facing unplanned pregnancy; federal aid programs</b>  |
| <b>Post-Abortion Help. Project Rachel</b> | <b>hopeafterabortion.com</b>   |

**From the parish's perspective, how do local Catholic agencies advertise/communicate available help to pregnant mothers in need?**

| <b>Method/Medium</b>                    | <b>Yes/No</b> |
|---|---------------|
| Social media ads or posts               |               |
| Local newspapers and/or magazines       |               |
| Radio, TV, or other advertisements      |               |
| Community/neighborhood platforms        |               |
| Informational tables at community fairs |               |
| Billboard advertising                   |               |
| Other                                   |               |

**From the parish's perspective, how does the diocese advertise/communicate available help to pregnant mothers in need?**

| Method/Medium                               | Yes/No |
|---|--------|
| Diocesan newspaper (ads, articles, columns) |        |
| Bishops' annual appeal or pastoral letter   |        |
| Social media ads or posts                   |        |
| Local newspaper/radio stations              |        |
| Community/neighborhood platforms            |        |
| Other                                       |        |

**What additional Pregnancy Help Resources may still be needed in the local (parish) area?**

In looking at current resources and communications/advertising approaches to assist pregnant women in need, what **gaps** have been identified?

In looking at current resources and communications/advertising approaches to assist pregnant women in need, what **opportunities** have been identified for expanding resources/approaches?

Are there identified gaps that the parish may be able to fill or opportunities for the parish to expand upon?

Who are the local partners that could help address those gaps or opportunities?

**Thank you for taking the time to complete this Inventory by July 30, 2021.**

*Please share a copy of this inventory with the diocesan contact for this effort.*